

“Remain in Me”

“In the gift of the Eucharist, Jesus left his disciples with a way to enter into the mystery of his life, death and resurrection.” — Cardinal Blase J. Cupich

These 5 sessions are based on **“Take, Bless, Break, Share”** published by Cardinal Blasé Cupich for this time of Eucharistic Revival in our nation. Each session unpacks one of five central themes of our sacramental and liturgical lives through engaging video content, Scripture, prayer, reflection, and discussion.

When: Saturday afternoons on February 3, 10, 24, and March 2, 9

Time: 2pm - 3:30pm (convenient to attend OLH 4pm Mass afterwards)

Location: Our Lady of Humility—Hayes Room

To help us plan materials, please register at

<https://forms.gle/PvzTx6TrouY2wvM66>



Facilitated by Kelly Metoyer and Patrick Romane. For more information, contact them via the parish office at 847-244-4161

Let this be a time of Lenten Preparation to

- ♦ Enter into the mystery of Christ’s life, death and resurrection.
- ♦ Draw closer to Christ in the Eucharist through community,.
- ♦ Live as missionary disciples through an encounter with Christ.

